

BE PREPARED TO GET AWAY

1. Plan a safe escape route.
2. Plan the safest time to get away.
3. Keep a spare set of keys, a set of clothes, important papers, prescriptions and some money with someone you trust.
4. Find a safe place for your children.
5. If you have pets, have a safe alternative for their safety.

Are you safe?

Help is available.

◆ Domestic Violence ◆
Emergency Response
Team

(734) 755-9709

◆ 24-Hour Crisis Line ◆

(734) 242-7233



DVERT

Domestic Violence
Emergency Response Team

Family Counseling and Shelter Services

14930 LaPlaisance Rd.
Suite 106
Monroe, MI 48161

Phone: (734) 755-9709
24-hour crisis line: (734) 242-7233
www.fcsmc.org

Although a batterer is the only one who can choose to stop violent behavior, there are some steps you can take to help protect yourself and your children.

DVERT

Is your partner abusive?

1. Does your partner insult or make fun of you?
2. Does your partner think their feelings are more important than yours?
3. Is your partner jealous when you want to see your family, friends, or be in certain social situations?
4. Does your partner ever try to get you drunk or high?
5. Has your partner ever thrown things, hit, kicked, shoved, strangled, or grabbed you?
6. Do you often apologize or make excuses for your partner's behavior, especially when they have treated you badly?
7. Are you afraid to break up with your partner because they have threatened to hurt you or themselves?
8. Has your partner forced you to have sex or perform any sexual acts when you did not want to?

If you answered yes to any of these questions, it may be time to check your relationship. Perhaps you have safely escaped from a violent relationship but are still dealing with the pain. In either situation, help is available 24-hours a day.

◆24-Hour Crisis Line◆
(734) 242-7233

GET HELP NOW!

Programs and Services:

- Information about domestic violence
- Assistance with planning for your family's safety
- Shelter, food, and clothing
- Information about legal options (including prosecution and how to get a personal protection order)
- Professional counseling
- Information and referral to other programs that can help with legal needs, financial needs, and finding new housing
- Referrals to treatment programs for abusers

EVERY 15 SECONDS A WOMAN IS ABUSED

Battering is the single major cause of injury to women, exceeding rapes, muggings, or auto accidents.

Every social, economic, educational, and cultural group has domestic violence.

Calling the police reduces the risk of a woman being attacked again within six months by as much as 62%.

Anyone can be a victim of domestic violence...

*...rich...poor...young...old...
married...single...
Black, White, Asian,
Hispanic, Native
American.*